Founded in Smithfield ~ Dedicated to Johnston County ~ www.jwlsmithfield.com

Member Spotlight

Ashley Finch

Occupation: Mental Health Therapist

JWL Involvement:
Big Night Out
Committee Entertainment



Favorite thing about JWL:

Making new friends with some fabulous women in Johnston County, becoming more involved in our communities and philanthropies, putting some event planning skills to work!



Megan Rogerson

Occupation:
Dental Assistant

JWL Involvement: Community impact & placement Committee and Big Night Out Menu

Subcommittee Chair

Favorite thing about JWL:

Knowing that I am able to help make a difference to those in need in our community.

Mental Health Awareness Month

Each year millions of adults and children experience mental health conditions including depression, anxiety, bipolar disorder, schizophrenia, and post-traumatic stress. This month, mental health organizations across the country will come together to expand mental health coverage, eliminate the stigma associated with mental illness, and encourage those living with mental health conditions to get the help they need.

We want to know how our members are recognizing Mental Health Awareness Month. Whether you're volunteering, wearing green to show support, or simply posting on social media to bring awareness to the issue, don't forget to share and tag #JWLSmithfield. Let's work together to raise awareness!

Big Night Out Updates

It's time to get excited! Big Night Out is less than two months away! The BNO committee has been working hard to ensure this is an event to remember. Check out the recent BNO developments below. We can't wait to see everyone there!

- JWL's Big Night Out will be held June 24 at the Country Club of Johnston County. It will be a Palm Beach Chic night of dancing, and BIG fun to support a great cause -- the <u>Partnership for Children of Johnston County</u>.
- We are thrilled with all the support we are receiving from our wonderful Big Night Out SPONSORS! Sponsorships will continue to be accepted until May 31. However, the deadline for all Diamond, Platinum, and Gold sponsors is Monday, May 9 to be included on the Big Night Out T-shirt.
- Member Requirements: Sell 4 tickets at \$50 a piece OR secure a \$500 Gold Sponsor. Ticket money is due at May GMM.
- Raffle Items: We are excited about our current raffle items; we have
 a diamond ring valued at \$1,900 from Evan's Jewelers, a custom
 chaise lounge from Tucker Furniture valued at \$399, a Fish Hippie gift
 collection valued at over \$300, plus many additional items! If you
 would like to donate a raffle item, please contact Amy Plant-Perdue at
 adplant10@gmail.com.









The Junior Women's League of Smithfield will be dedicated to making a positive impact on Johnston County by strengthening connections throughout our community, promoting volunteerism, and developing leaders.

Special Announcements

JWL is proud to celebrate the accomplishments of our members!

This month, Carly Fogleman will celebrate the grand opening of her photography studio - Carly Fogleman Photography. The ribbon cutting ceremony will take place May 10 at 104 N. Main St., Four Oaks. Open house will be from 4pm - 8pm during the sip and shop event and all JWL members are invited to attend.

On June 3rd, Suzanne Brewer will host a Studio Launch Party to celebrate her new studio location - home of Suzanne Brewer Photography and Ashley Tart Artistry. The event will take place from 7pm - 10pm at 103 S. Third St., Smithfield. All JWL members are invited to walk the pink carpet and enjoy food, dancing and prize giveaways.

Congratulations ladies on these great accomplishments!

May Birthdays

Ursula Stewart 5/2
Michelle Wallace 5/4
Sarah Ashley 5/12
Gloria Peedin 5/12
Rebecca Green 5/18
Amber Straley 5/28
Shelley Gardner 5/30

Volunteer Calendar Updates / Events

HeartChase - May 21

Location: Town Square, Clayton

HeartChase is a good-cause community adventure game. It's a fun and frenzied pursuit of hidden rewards and healthy lives. It's a chance to help our community and the American Heart Association chase away heart disease for good.

Teams of 2-5 people will compete against other teams in a chase through the community. Each team will face multiple checkpoint challenges and locate Power Ups all while tracking progress in the HeartChase Mobile Game App. The team with the most points at the end of the clock wins!

- We need 10 Volunteers for this event
- Volunteers will need to arrive at 7am, event ending at 11:30am
- Members will receive 4 volunteer hours for this event
- Please email amber@interstateoutdoor.net to rsvp to this event

Habitat for Humanity

Habitat for Humanity of Johnston County needs 15 volunteers on May 28 from 8:30am - 12:30pm to help assist in building a house at 206 South Elm Street, Princeton. Please be sure to wear clothing appropriate to working outside and with construction materials. You will receive 4 hours volunteer credit for this event.

To sign up for this event, please email your name & number to jen.andrews9@aol.com and you will be added to the calendar within 24 hours.

Additional Reminders

- Carly Fogleman has graciously agreed to snap a group photo of JWL founding members at the May GMM. We will snap the photo right at 7pm while the lighting is still good! Please plan to arrive on time at the meeting.
- The June meeting is planned to be a meeting/social combo to celebrate the successes of JWL during our first "half" year! Members of the Membership Engagement and PR Committee are working on a fun location! Stay tuned!
- Tag Your JWL Pictures: Feel free to tag JWL in your pictures. We want to see you in action making a difference in your community! Don't forget to tag JWL on Instagram and Facebook in your volunteer photos as well!
- Any members having difficulties completing their volunteer hours email jwlsmithfield@gmail.com.

A **BIG** thanks to our BIG NIGHT OUT SPONSORS!

~ Diamond ~

- » NC Heart & Vascular (Dr. Atkeson & Dr. Janis)
 - » Interstate Outdoor
 - » Casey's Catering and Floral Service

~ Platinum ~

- » Jeff Navarro with Edward Jones
 - » Flower's Plantation
 - » Evan's Jewelers

~ Gold ~

- » Lydia Moore with Coldwell Banker» UNC Healthcare as Early Learning Center
 - » Steven's Sausage
 - » The Armstrong Law Firm, P.A.
 - » Lee Design Build
 - » Swift Creek Self Storage
 - » Bistro on 3rd
 - » Lucas, Denning, and Ellerbe, P.A.
 - » Crosswinds Custom Homes

- » Good to Grow Kids Consignment Sale
 - » Lane Lawn Care
- » Jordan and Associates Gastroenterology
 - » Pro Floors
 - » TruJoy Landscapes
 - » Wake Orthopedics and Pediatric Dentistry
 - » Triangle Orthopaedic Associates, P.A.

~ Silver ~

- » Parker Gas Company» Charlie Young with Farm BureauInsurance
- » Dunn, Dunn, and Oakes
 - » Bullock Brothers

~ Bronze ~

- » Hinson's Printing
- » Narron, O'Hale and Whittington, P.A.
 - » Realo Drug

Sponsorship forms can be found on the JWL website under the Member tab. REMEMBER: Sponsorships will continue to be accepted until May 31st. However, the deadline for all Diamond, Platinum, and Gold sponsors is Monday, May 9th to be included on the Big Night Out T-shirt.